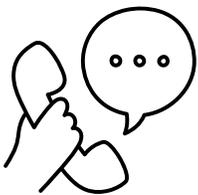


# WHY SHOWING UP REGULARLY AND CONSISTENTLY MATTERS



As a Big, one of the most powerful things you can do for your Little is simple: **show up**—consistently and reliably. Here's why it matters:

- **Trust is built over time.** Many Littles come from environments where adults may not always follow through. Your consistency shows them they can count on you.
- **You are a role model.** Even when you don't feel like you're doing anything special, your presence teaches responsibility, respect, and reliability.
- **Moments matter.** Every visit, call, or shared activity—big or small—adds up to a stronger relationship and real impact on your Little's confidence and sense of self.
- **Growth happens in the everyday.** It's not about planning grand outings. It's about being there regularly enough to see progress, encourage them through challenges, and celebrate wins together.



If something ever comes up and you can't make it, **that's okay—just communicate.** What matters most is that your Little knows you'll show up again soon.

**Your presence makes a difference.  
Thanks for being someone your Little can count on.**

